

# COVID19 CLEANING/HYGIENE POLICY



**POLICY NAME:** Covid19 Cleaning and Hygiene Policy

**POLICY ISSUED:** June 2020

**CONTROLLING BODY::** Altitude Gym Sports – Managing Director – Michelle Mason

---

## **INTRODUCTION AND OBJECTIVES:**

1. Altitude Gym Sports wishes to create a working environment where staff members are aware of all their responsibilities and procedures to follow, and members can be confident that they are safe and in a clean environment , abiding by the COVID19 Rules and procedures set in place.
  
  2. This procedure is designed to meet the following objectives:
    - Ensure that all staff are working within the guidelines and procedures during the reboot of returning to the gym in order to reduce errors and keep up standards of cleaning.
    - Develop a simple procedure of cleaning that protects staff and members.
    - To Keep our gym, staff and members COVID free. To make people feel safe on their return to sport.
- 

## **CLEANING/HYGIENE RELATES TO:**

- Equipment
- Staff
- Members
- Athlete waiting area
- All other areas of the gym

**EQUIPMENT:**

- All equipment must be cleaned prior to each class starting and finishing.
- Following the cleaning procedure given by gymnastics australia, we will be able to maintain proper guidelines to look after the equipment and the people using it.

**STAFF:**

- Staff are to sanitize regularly before, after and in between classes.
- If you have to spot a child you are to sanitize straight after.
- In between each equipment rotation, staff need to ensure members sanitize before they touch the next piece of equipment.
- Staff are to clean their equipment before moving to the next circuit with their athletes.
- Staff are to follow correct procedures to ensure everyone is following the guidelines set.
- Staff are to report to management with any issues regarding sanitisation and hygiene.

**MEMBERS:**

- Upon arrival members are asked to sanitize hands and/or feet, and await for staff instructions.
- Are to follow staff instructions throughout lesson and abide by our guidelines
- Are to sanitize between stations and if they are going to the bathroom or to get a drink.
- To inform their coach if they have an issue or if there is a problem while under coach supervision before handling any cleaning products themselves.

**ATHLETE WAITING AREA:**

- Is to be cleaned every hour and during class change overs.
- Railings, benches and lockers to be cleaned thoroughly and wiped down.
- Needs to be clear of any objects blocking paths
- coach/ or receptionist is to be assigned to clean the area regularly.

**ALL OTHER AREAS OF THE GYM:**

- Receptionist will be responsible for sanitizing their own workstation and other duties such as upstairs waiting area and bathroom cleaning which will need to be done before each class commences.
- Coaches are to maintain cleanliness of the gym to a high standard to keep to the guidelines on re opening.