

Altitude Gym Sport

COVID19 STAFF POLICY



POLICY NAME: Covid19 Staff Policy

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CONTROLLING BODY:: Altitude Gym Sports – Managing Director – Michelle Mason

INTRODUCTION AND OBJECTIVES:

As we return to the gym, Altitude Gym Sports wants to make sure that the staff are in a safe and controlled environment. To do this we need to understand the responsibilities and procedures we need to follow in return to sport.

This policy is designed to meet the following objectives:

- Staff responsibilities
- Staff safety
- Staff procedures
- Staff hygiene

STAFF RESPONSIBILITIES:

- With the new rules and regulations, staff will be responsible for multiple objectives such as:
 - Cleaning
 - Signing athletes in and out of class
 - Adhering to social distancing between coaches and athletes
 - Spotting only when needed
 - Supervising members and making sure they are sanitizing.

Cleaning: equipment will need to be cleansed after moving to the next circuit before the next group uses the equipment. It will also need to be cleaned at the start and end of each class. Staff may need to assist in the cleaning of the athlete waiting area as well.

Signing Athletes in and out of class: This is important incase we get someone with symptoms that is tested so we can make members aware. Pick up sign in and drop off sign out is important

so we know everyone has been accounted for.

Adhering to social distancing rules: It is the coaches responsibility to make sure you keep your social distance between athletes and circuits spread out to social distancing requirements.

Spotting: Even with the no contact rules, we have been given permission to spot if necessary. We want to limit the amount of spotting on basic skills. If for safety reasons you have to step in and spot, this is allowed, as long as you use hand hygiene after spotting or catching the athlete/Member.

Supervision of Members: sanitization is key to make sure we are all staying COVID Safe, staff need to ensure athletes are hand sanitizing before entrance, after breaks, during rotations and when leaving. Staff are responsible to be supervising what athletes are doing at all times and that they understand what the rules are. If someone is sick, it is the coaches responsibility to communicate with management and isolate the member until the parent has been arranged to pick up the child.

STAFF SAFETY:

- Staff will need to do the induction and read through all the guidelines, agree to all the terms and conditions to be able to commence work.
- Staff are to make sure they are well enough to work and are to give adequate notice if are not able to attend their allocated shift.
- Correct uniform is to be worn and must be clean.
- Staff are responsible for keeping themselves at a safe distance and following procedures.

STAFF PROCEDURES:

- Staff are to follow all procedures set by the club to ensure safety for all members and co-workers. Procedures may include:
 - Hygiene
 - Cleaning
 - Pick up and drop off
 - Class structure

STAFF HYGIENE:

- Staff need to ensure they are coming into the facility following our hygiene policy.
- Clean uniforms
- Hand hygiene throughout the period in the facility